



The 5th Annual Emotionally Friendly Schools Conference

*Emotionally Friendly Classrooms:
Where Children can Thrive*

21st May 2019



Emotionally Friendly Schools



Another busy year...



Schools currently engaged with EFS

In Salford:

65 Primary schools (including 1 PRU and 1 specialist school)

13 Secondary schools (including 3 PRUs and 2 specialist schools)

Outside of Salford:

3 secondary schools and **1** primary school in Manchester

1 secondary school in Tameside

Schools in Wigan

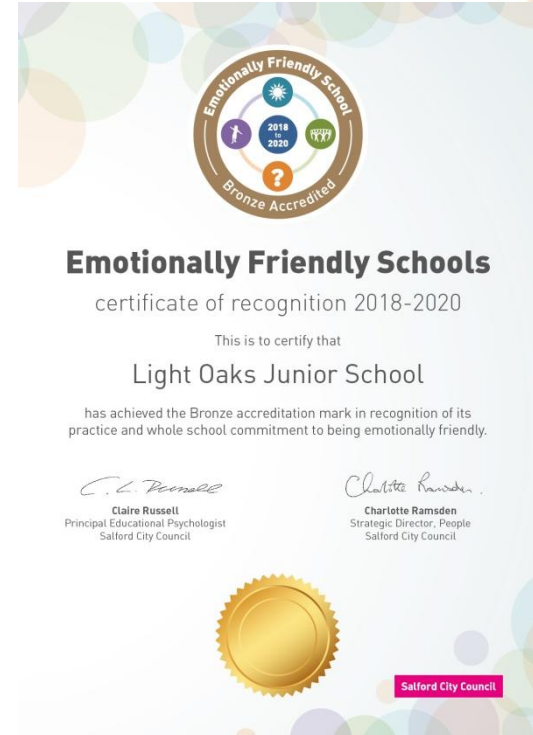


6 schools have achieved **Bronze** accreditation so far:

- Light Oaks Infants School
- St Edmunds's RC Primary School
- St Luke's CE Primary School
- All Hallows RC High School
- Canterbury Centre

1 school has achieved **Silver** accreditation so far:

- Light Oaks Junior School



What's new with EFS?



➤ **New and improved manual (primary and secondary)** due be launched Spring 2019!

➤ Extended the workshops we can offer:

- Self Harm
- Stress and Anxiety
- Depression
- Bereavement and Loss
- ADHD
- Regulating Strong Emotions such as Anger
- Attachment
- Bullying
- Confidence, Self-esteem and Body Image
- Social Skills
- Staying Safe and Healthy Relationships
- **Staff Wellbeing**

What's new with EFS?



Emotionally Friendly Schools → Emotionally Friendly Settings:

➤ **Post 16 EFS** currently being piloted at Worsley college – final version to be launched in September 2019.

➤ **Early Years EFS** – currently being developed, to be piloted over summer 2019 and launched October/ November 2019



Introducing the new EFS website...





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www.facebook.com/emotionfriendly



THE CANTERBURY CENTRE

EMOTIONALLY FRIENDLY SCHOOLS
CONFERENCE

MAY 2019



Why we chose to do EFS?



- Pupil Health Referral Unit
- Work with teenagers who have social and emotional difficulties.
- School refusers
- Head of Wellbeing – new role
- New ideas
- Recognition for the work we do



Our EFS Journey

- Time scale
- Choosing the evidence
- Uploading the evidence (RM Unify)
- Focus
- Sharing with staff, pupils and parents
- Make it more collaborative

What impact has EFS had on the Canterbury Centre?



Staff perspective

- Positive atmosphere in school
- Wellbeing is a priority and that it has improved
- Shared vision is regularly discussed
- Information and resources are clearly displayed in the staffroom
- Support from SLT and from one another
- Autonomy

What impact has EFS had on the Canterbury Centre?



- Understanding that our YP have mental health difficulties
- Identifying
- ADHD
- Anger
- Attachment difficulties
- Low self esteem
- Anxiety
- Poor social skills
- Depression
- **Using techniques to understand and manage children's difficulties**

What we do well

- Praise
- Effort more than achievement
- Maximising positive behaviour
- Getting pupils to respond to requests
- Getting pupils into a calm and predictable routine
- Allowing pupils to discuss feelings
- Pupils being confident to ask for help
- Meetings with teachers, parents and SENCO
- Outside agency involvement
- Sharing successes
- Classroom rules